WHAT IS CLAIMED IS:

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1. A low dispersion optical fiber characterized by;

a difference between a maximum value and a minimum value of a dispersion value in a wavelength band having a bandwidth of 30 nm within a wavelength range of 1450 nm to 1650 nm of 2 ps/nm/km or less,

a zero dispersion wavelength outside of a wavelength range of 1450 nm to 1650 nm, an effective core area(Aeff) at a wavelength of 1550nm of $50\mu\text{m}^2$ or more and $70\mu\text{m}^2$ or less,

a bending loss at a wavelength of 1550nm when bent at a diameter of 20mm of 20dB/m or less,

an effective cutoff wavelength of 1290 nm or more a dispersion at a wavelength of 1550nm of 2 ps/nm/km or more in absolute value, and a single mode operation in a wavelength band having a bandwidth of 30nm within a wavelength range of 1450nm to 1650nm.

2. A low dispersion optical fiber characterized by;

a zero dispersion wavelength outside of a wavelength range of 1450 nm to 1650 nm, an effective core area(Aeff) at a wavelength of 1550nm of $45\mu\text{m}^2$ or more and $70\mu\text{m}^2$ or less,

a bending loss at a wavelength of 1550nm when bent at a diameter of 20mm of 20dB/m or less,

a dispersion at a wavelength of 1550nm of 2 ps/nm/km or more in absolute value,
a positive dispersion slope of 0.035 ps/nm²/km or less over a wavelength range of
1450nm to 1650nm,and

a single mode operation over a wavelength range of 1450nm to 1650nm

- 3. The optical fiber of claim 2, further characterized by the effective core area(Aeff) at a wavelength of 1550nm of $50\mu\text{m}^2$ or more and $70\mu\text{m}^2$ or less.
 - 4. A low-dispersion optical fiber comprising:
 - a center core having a maximum refractive index n1, and a diameter a1;
- a first side core, provided on the outer periphery of said center core, having a minimum refractive index n2, and a diameter a2;
- a second side core ,provided on the outer periphery of said first side core,having a maximum refractive index n3, and a diameter a3; and
- a cladding, provided on the outer periphery of said second side core, having a refractive index nc,

where n1>n3>nc>n2,wherein

- a zero dispersion wavelength outside of a wavelength range of 1450 nm to 1650 nm, an effective core area(Aeff) at a wavelength of 1550nm of $45\mu\text{m}^2$ or more and $70\mu\text{m}^2$
- a bending loss at a wavelength of 1550nm when bent at a diameter of 20mm of 20dB/m or less,
 - a dispersion at a wavelength of 1550nm of 2 ps/nm/km or more in absolute value,
 - a positive dispersion slope of 0.035 ps/nm²/km or less over a wavelength range of
- 20 1450nm to 1650nm, and

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or less,

a single mode operation over a wavelength range of 1450nm to 1650nm

- 5. The low dispersion optical fiber of claim 4, wherein an intermediate layer having a lower refractive index than the cladding is provided between the cladding and the second side core.
- 6. An optical transmission system comprising a low-dispersion optical fiber, wherein a difference between a maximum value and a minimum value of a dispersion value in a predetermined wavelength band having a bandwidth of 30 nm within a wavelength range of 1450 nm to 1650 nm of 2 ps/nm/km or less,
- a zero dispersion wavelength outside of a wavelength range of 1450 nm to 1650 nm, an effective core area(Aeff) at a wavelength of 1550nm of $50\mu\text{m}^2$ or more and $70\mu\text{m}^2$ or less,
- a bending loss at a wavelength of 1550nm when bent at a diameter of 20mm of 20dB/m or less,

an effective cutoff wavelength of 1290 nm or more,

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or less.

- a dispersion at a wavelength of 1550nm of 2 ps/nm/km or more in absolute value, and a single mode operation in a predetermined wavelength band having a bandwidth of 30nm within a wavelength range of 1450nm to 1650nm.
 - 7. An optical transmission system comprising a low-dispersion optical fiber, wherein a zero dispersion wavelength outside of a wavelength range of 1450 nm to 1650 nm, an effective core area(Aeff) at a wavelength of 1550nm of $45\mu\text{m}^2$ or more and $70\mu\text{m}^2$
- a bending loss at a wavelength of 1550nm when bent at a diameter of 20mm of 20dB/m or less,
- a dispersion at a wavelength of 1550nm of 2 ps/nm/km or more in absolute value,

a positive dispersion slope of 0.035 ps/nm²/km or less over a wavelength range of 1450nm to 1650nm,and

a single mode operation over a wavelength range of 1450nm to 1650nm.

8. An optical transmission system comprising a low-dispersion optical fiber, wherein a zero dispersion wavelength outside of a wavelength range of 1450 nm to 1650 nm, an effective core area(Aeff) at a wavelength of 1550nm of $50\mu\text{m}^2$ or more and $70\mu\text{m}^2$ or less,

a bending loss at a wavelength of 1550nm when bent at a diameter of 20mm of 20dB/m or less,

a dispersion at a wavelength of 1550nm of 2 ps/nm/km or more in absolute value,

a positive dispersion slope of 0.035 ps/nm²/km or less over a wavelength range of 1450nm to 1650nm,and

a single mode operation over a wavelength range of 1450nm to 1650nm

9. An optical transmission system comprising a low-dispersion optical fiber, wherein a center core having a maximum refractive index n1, and a diameter a1;

a first side core, provided on the outer periphery of said center core, having a minimum refractive index n2, and a diameter a2;

a second side core ,provided on the outer periphery of said first side core, having a maximum refractive index n3, and a diameter a3; and

a cladding, provided on the outer periphery of said second side core, having a refractive index nc,

where n1>n3>nc>n2, wherein

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a zero dispersion wavelength outside of a wavelength range of 1450 nm to 1650 nm,

an effective core area (Aeff) at a wavelength of 1550nm of $45 \mu \text{m}^2$ or more and $70 \mu \text{m}^2$ or less,

a bending loss at a wavelength of 1550nm when bent at a diameter of 20mm of 20dB/m or less,

a dispersion at a wavelength of 1550nm of 2 ps/nm/km or more in absolute value,
a positive dispersion slope of 0.035 ps/nm²/km or less over a wavelength range of
1450nm to 1650nm,and

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a single mode operation over a wavelength range of 1450nm to 1650nm.